



Adult Program/Clinic Description

Adult 101:

This clinic will focus on fundamental stroke production, footwork, and court positioning for the beginner. If you are just starting out or are returning to the game of tennis after a long absence then this is a great place to start. This program is designed around building a solid foundation for your tennis to game to be constructed on.

Intermediate Adult :

This clinic is for those who have taken Adult 101 and for those who played previously but may have taken off some time from the game and would like to get back into the swing of things. You should have a little more than a basic understanding of the game and should be able to play out points, games, and matches. You should understand how to hit from either the forehand or backhand side and be able to serve and have control of your volleys.

Adult Drills:

This is a clinic that is high paced and complete with tennis action and fun. The clinic will focus on live ball drills with an emphasis on drills that promote court management and the use of ball placement and strategy. Those who play at a 3.0-3.5 level will enjoy this clinic and will add to their court management skills.

Adult 301:

OK so you're a 3.0 or 3.5 and you want to find out what it is missing from your game that is holding you back from being a 4.0. Or perhaps you just want some time of the court where you will be challenged in a drill setting and will have the opportunity to hit against other 3.0-3.5 players in a non-match play format. Well this is the clinic for you.

Adult 401:

So you play at the 3.5-4.0 level and would like to improve on your game, add to your strengths and remove some of your weaknesses... This is the right place for you. This clinic will work on your net play, transition game, approach shots, slice, overhead, and volley/net game. Be prepared to sweat, bring a towel, and some water.

Adult 501:

This clinic is reserved for the top players in the club for those men and women who are rated a 4.0 or higher. Barry will conduct an hour and half of drills, instruction, and hard work for those who are looking to add that element of their game that has been missing. This is also a great opportunity to improve on a weakness that you may not have had the chance to improve upon.